



Watertown Commission on Aging

Regular Meeting Agenda

DATE: Thursday, March 19, 2026
TIME: 6:30 PM
LOCATION: Watertown Town Hall, lower-level conference room
61 Echo Lake Road, Watertown, CT

This meeting will be an In-Person meeting and will also be available via Zoom in Listen Only Mode.
A Link will be posted on the day of the meeting.
Please see www.watertownct.org under the Calendar of Meeting.

- I. **Call Meeting to Order**
- II. **Roll Call**
- III. **Election of Officers**
- IV. **Public Participation**
- V. **Correspondence**
- VI. **Approval of Minutes**
 - A. February 19, 2026, Regular Meeting
- VII. **Reports**
 - A. Chairman
 - B. Parks & Recreation Director
 - C. Senior Services Coordinator/Municipal Agent
- VIII. **Old Business**
- IX. **New Business**
- X. **Adjournment**

Commissioners, please contact the Watertown Parks & Recreation Department Monday through Friday by 4:30 PM at 860-945-5246 if you are unable to attend. Thank you.

AGENDA

Michael Ganem

Date: 3-19-24

Number: V

From: Blanche Ranaudo <blanche215@aol.com>
Sent: Monday, February 16, 2026 9:12 AM
To: Laura Garay; Dave Hardt; Carolyn Stopper; Cheryl Overton; Michael Ganem
Subject: Thanks for great events

*Laura, Roberta, Cheryl, Carol, Frank and Patsy,
Thank you so much for the very wonderful events I attended and all that you do! The Lithuanian Luncheon and the Valentine's Day Brunch were wonderful! The food both times were very delicious and I am impressed with the preparation you did to make it happen. The people looked happy, the decor was so inviting and it helped to make a great time for me!
I also think it was fun to learn that Holly Hobbie's creator was from Watertown, CT. It is always fun to find out these facts having lived here for 34 years.*

*Again thanks for making FASC the place I enjoy coming to!
Blanche Ranaudo*



Kaitlyn Sanzone

AGENDA

From: Amy Quinnan <amylynn444@gmail.com>
Sent: Tuesday, March 17, 2026 1:51 PM
To: Kaitlyn Sanzone
Cc: Melanie Home; Alan Mickel; Deb Desensitized; Sally Kuslis; tradasilva@gmail.com; hughesbi@netscape.net; Mark Raimo; Lisa Cattaneo; Lauren Dayton; Sue King; Lisa Dalton; Sherry Cosmos; Natalie Forino; Michael Ganem; Sean Thiel; Laura Garay; Robert Retallick
Subject: Re: COA Meeting 3-19-26

Date: 3-19-26

Number: ✓

Hi- please note that my name is missing from the 2/19/26 meeting notes. I was present and signed the sheet.

Thanks,
Amy Quinnan

On Mar 17, 2026, at 10:56 AM, Kaitlyn Sanzone <sanzone@watertownct.org> wrote:

Commission on Aging Meeting – Thursday, March 19, 2026.

Kaitlyn Sanzone

Administrative Assistant
Town of Watertown
Parks & Recreation
(860)945-5246
<image001.png>

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**WATERTOWN COMMISSION ON AGING
REGULAR MEETING MINUTES**

**WATERTOWN TOWN HALL
FIRST FLOOR CONFERENCE ROOM
61 ECHO LAKE ROAD, WATERTOWN, CT**

Thursday, February 19, 2026

I. The meeting was called to order at 6:33 PM by Melanie Flaherty, Chair

II. Roll Call

PRESENT:

Melanie Flaherty, Chair
Cynthia Blanchard, Vice Chair
Alan Mickel
Debra Desena
Tracy Dasilva
Wilbur Hughes
Joy Goldfarb
Vacancy

ABSENT: Sally Kuslis

OTHERS PRESENT: Michael Ganem, Director of Parks, Recreation, Senior, and Social Services

III. Election of Officers

Michael Ganem called for nominations for the position of Chair

A motion was made by Alan Mickel and seconded by Wilbur Hughes to nominate Melanie Flaherty for the position of Chair.

Michael Ganem called for any other nominations.
Michael Ganem called for any other nominations.
Michael Ganem called for any other nominations.

The motion passed unanimously.

Michael Ganem called for nominations for the position of Vice-Chair

A motion was made by Wilbur Hughes and seconded by Melanie Flaherty to nominate Alan Mickel for the position of Vice-Chair

The motion passed unanimously.

Michael Ganem called for nominations for the position of Secretary.

A motion was made by Alan Mickel to nominate Wilbur Hughes.

Michael Ganem called for any other nominations.
Michael Ganem called for any other nominations.
Michael Ganem called for any other nominations.

The nomination passed unanimously.

IV. Public Participation

Mary Anne Lanzara
Carol Laferrier
Deb Manley
Phyliss West

All provided feedback to and asked questions of the Commission and the Director.

V. Correspondence – Spec sheet for the new 5310 Grant bus

VI. Approval of Minutes:

A. January 15, 2026, Regular Meeting

Motion by Alan Mickel, seconded by Melanie Flaherty, to approve the minutes of January 15, 2026

4 Yes: Melanie Flaherty, Cynthia Blanchard, Alan Mickel, Debra Desena. 3 Abstentions:

Tracy Dasilva, Wilbur Hughes, Joy Goldfarb

The motion passed.

VII. Reports

A. Chairman – no report

B. Parks & Recreation Director

Michael Ganem:

- Written reports were provided

C. Senior Center Coordinator/Municipal Services

Laura Garay

- Provided a written report

VIII. Old Business-

None.

IX. New Business –

Commissioners commented on the Mission Statement and their Bylaws and discussed the same. The ordinance provides some of this guidance.

Welcome new members!!!

X. Adjournment -

Motion: Alan Mickel seconded by Cynthia Blanchard to adjourn the Regular Meeting at 7:42 P.M.

The motion passed unanimously.

Respectfully submitted,

Melanie Flaherty, Chair
Watertown Commission on Aging

Approved: _____
Susan King, Clerk

AGENDA

Date: 3-19-26

Number: VIIIC

Senior Center: Reporting for February 1-28, 2026

- (5) New FASC Members came on board between February 1-27, 2026.
- (16) Seniors attended a **Bus Trip to Kaynor Café** on Monday, February 2 and enjoyed a delicious meal prepared by the Culinary Students.
- Our bi-monthly **FREE Zumba Class** sponsored by **Oak St Health** scheduled on Tuesday, February 3 was cancelled due to instructor illness.
- (17) Seniors attended the “**Meet Your Representatives**” program on Tuesday, February 3 with State Senator Eric Berthel and State Representative Joe Polletta. Seniors had an opportunity to hear firsthand what is happening in this short legislative session and voice their concerns.
- (34) Seniors attended a **Super Bowl Chili Cook-Off** on Friday, February 6. Judges were Watertown Fire Marshall Kim Calabrese, Waterbury/Watertown Fire Fighter Brian Barnoski and Watertown Fire Fighter Ray Primini. Seniors enjoyed several different kinds of chili.
- (10) Seniors attended a **Presentation from J & J Best Home Care** on Tuesday, February 10 to learn about what services are available in our greater community.
- (6) Seniors attended the **Reflexology Session (25 Minutes)** on Tuesday, February 10, which is private pay.
- (55) Seniors attended a **Valentine’s Day Brunch** on Friday, February 13. Seniors enjoyed an array of homemade breakfast items that were prepared in-house and delectables donated by local businesses and organizations.
- (8) Members of the **FASC Wii Bowling Team** traveled to the **Bristol Senior Center** for a match on Wednesday, February 18.
- Seniors attended our **Movie and Popcorn** event to view **Fiddler on the Roof** on Friday, February 20.
- Our scheduled **Bus Trip to Kaynor Tech Café** on Monday, February 23 was cancelled due to Blizzard Calvin.
- Our monthly **Book Club** scheduled for Tuesday, February 24 was canceled because the FASC was closed due to inclement weather.
- (41) Seniors attended our **Souper Lunch** on Friday, February 27. Staff and seniors prepared an array of homemade soups to taste and enjoy, along with fresh sliced Italian bread and cookies donated by local businesses.
- (82) Energy Assistance Applications have been completed to date.
- Social Service referrals continue to increase.

Planned Activities for March 2026

- Bus Trip to Kaynor Tech Café 3-2
- Joint Health Presentation 2-3
- Bus Trip to Aqua Turf Celebration St. Patrick’s Day 3-10
- Reflexology 3-10
- Wii Bowling Team State Match play travel to New Britan 3-11

- St. Patrick's Day Party 3-13
- Bus Trip to Kaynor Tech Café 3-16
- Blood Pressure Clinic 3-17
- Bus Trip to Shop-Rite in Southbury 3-18
- Birthday Celebration 3-19
- Pop up Trip to Flander's Nature Center Woodbury for a Maple Syrup Presentation and Lunch at West Egg Café 3-20
- Book Club 3-24
- Senior Sandwich Central 3-27

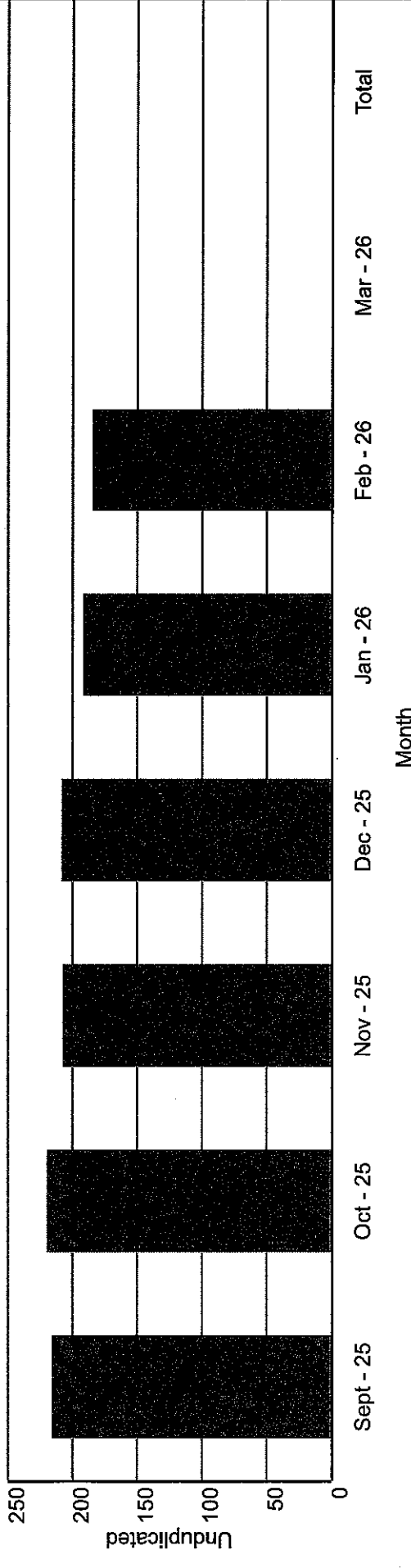
Falls Avenue Senior Center Active People Report For 09/01/2025 to 03/01/2026

Unduplicated Active People Per Month

Sept - 25	Oct - 25	Nov - 25	Dec - 25	Jan - 26	Feb - 26	Mar - 26
216	220	208	209	192	185	0

Total Unduplicated Active People: 354

Unduplicated Active People by Month for 09/01/2025 to 03/01/2026



**This report looks at all areas of MySeniorCenter for activity. Services, Volunteers, Events, Trips, Rides, Meals and Equipment are all included.*

Date range from 09/01/2025 to 03/01/2026

Filters:

Age: >=60

Site(s): Falls Avenue Senior Center

Checkin Count	5126
Days in Range	115
Avg Duplicated	44.57
Avg Per Weekday	Monday 48.75
	Tuesday 47.35
	Wednesday 41.92
	Thursday 48.74
	Friday 37.21
Avg Per Day by Month	January 36.11
	February 44.69
	September 47.24
	October 46.59
	November 49.61
	December 42.55

Summary Statistics from 09/01/2025 to 03/01/2026

Filters:

Age: >=60

Site(s): Falls Avenue Senior Center

Activity Type	Duplicated	Unduplicated
Events	5126	321
Rides	1583	89
Total People Served	6709	337

